


Allergen Awareness and Gluten-Free Chart

Known Allergens

	Nut	Sesame	Milk	Egg	Fish	Soy	Wheat	Sulphite	MSG	Corn	Mustard	Gluten-Free	Vegan
TORTILLAS, TACOS & GRAINS													
WholeWheat Tortilla							•						•
WhiteTortilla							•						•
SoftFlourTaco							•						•
CrispyCornTaco										•		○	•
SoftCornTaco										•		○	•
Rice												†	•
GlutenFreeTortilla						•				•		†	•
PROTEINS													
Barbacoa(Shredded Beef)						•						†	
Carnitas(Shredded Pork)												†	
Chicken										•		†	
Steak										•		†	
Shrimp					•	•				•		†	
Ground Beef												†	
BlackBean Crumbles						•				•		†	•
TOPPINGS, CHEESES & GARNISHES													
FajitaVeggies												†	•
BlackBeans						•						†	•
Pinto Beans						•						†	•
TexMex Cheese			•									†	
Mango Salsa		•				•						†	•
Corn										•		†	•
Jalapeños												†	•
Cilantro												†	•
LimeWedges												†	•
SALSAS, SAUCES & DRESSINGS													
Mild Salsa								•				†	•
Medium Salsa								•				†	•
Hot Salsa								•				†	•
Guacamole								•				†	•
Sour Cream			•							•		†	
Guac Sauce			•	•				•		•		†	
Cilantro Lime Sauce			•					•		•		†	
Enchilada Sauce						•				•		†	•
Queso Cheese			•			•				•		†	
Smokey Lime Dressing		•				•						†	•
Hot Sauce											•	†	•
SIDES & DESSERTS													
Churros			•			•	•						
Chocolate Sauce								•		•		†	
Caramel Sauce			•							•		†	
TripleChocolateChunkBrownie			•	•		•	•						
ChocolateChunkCookie						•	•						•
Nachos			•			•		•		•		○	
Tortilla Chips										•		○	•
<small>CDN 2020</small> • - denotes allergen is present in the product ○ - this product does not contain gluten, however, it may have come in contact with equipment used to prepare products containing gluten † - denotes product is gluten-free													