

Allergen Awareness and Gluten-Free Chart

Known Allergens

	Nut	Sesame	Milk	Egg	Fish	Soy	Wheat	Sulphite	MSG	Com	Mustard	Gluten-Free	Vegan
TORTILLAS, TACOS & GRAINS													
Whole Wheat Tortilla							•						•
White Tortilla							•						•
Soft Flour Taco							•						•
Crispy Corn Taco										•		○	•
Soft Corn Taco										•		○	•
Rice												†	•
Gluten Free Tortilla						•				•		†	•
PROTEINS													
Barbacoa (Shredded Beef)						•						†	
Carnitas (Shredded Pork)												†	
Chicken										•		†	
Steak										•		†	
Shrimp					•	•				•		†	
Ground Beef												†	
Black Bean Crumbles						•				•		†	•
TOPPINGS, CHEESES & GARNISHES													
Fajita Veggies												†	•
Black Beans						•						†	•
Pinto Beans						•						†	•
Tex Mex Cheese			•									†	
Mango Salsa		•				•						†	•
Com										•		†	•
Jalapeños												†	•
Cilantro												†	•
Lime Wedges												†	•
SALSAS, SAUCES & DRESSINGS													
Mild Salsa								•				†	•
Medium Salsa								•				†	•
Hot Salsa								•				†	•
Guacamole								•				†	•
Sour Cream			•							•		†	
Guac Sauce			•	•				•		•		†	
Cilantro Lime Sauce			•					•		•		†	
Enchilada Sauce						•				•		†	•
Queso Cheese			•			•				•		†	
Smokey Lime Dressing		•				•						†	•
Hot Sauce											•	†	•
SIDES & DESSERTS													
Churros			•			•	•						
Chocolate Sauce								•		•		†	
Caramel Sauce			•							•		†	
Triple Chocolate Chunk Brownie			•	•		•	•						
Chocolate Chunk Cookie							•						•
Nachos			•			•		•		•		○	
Tortilla Chips										•		○	•
SNACK MENU													
Mini Fold			•			•	•						
Perogies			•			•	•						
Waffle Fries										•			
Fiesta Poppers			•			•	•			•			
Mozzarella Sticks			•			•	•			•			

CDN 2020

• - denotes allergen is present in the product

○ - this product does not contain gluten, however, it may have come in contact with equipment used to prepare products containing gluten

† - denotes product is gluten-free